

# coast

ROSSLARE STRAND

## Lunch Menu

12-4pm

### Sandwiches

11am-4pm

<b>Toasted Coast Special</b> Served on White or Brown toasted bread, with Irish Ham, Cheese, Tomato & Red Onion (WH, MK, SP, MD)	€6
<b>Kilmore Quay Smoke Salmon or King Prawn Sliders</b> with Marie Rose sauce, Red Onion & Rocket Leaves (WH, MK, FH, CS, EG, SP)	€9.90
<b>Grilled Roasted Peppers Sandwich</b> with melted Cheese & Fresh Basil on Buttery Sourdough bread (WH, LP, SP, MK)	€7.50
<b>Smoked Paprika Chicken Brioche Roll</b> with Homemade Coleslaw, Baby Gem Lettuce & Fresh Herbs (WH, MK, MD, EG)	€8
<b>Caprese Open-Faced Sandwich</b> Lightly Baked Sourdough bread layered with Fresh Buffalo Mozzarella Cheese, Fresh Tomatoes and flavoured with Green Pesto (WH, MK, LP, TN)	€8
<b>Add a cup of Chef's Soup or small portion of chips to your Sandwich</b>	€2.50

### Starters

<b>The Chef's Special Soup</b> Served with Soda Bread (WH, MK, CY, SE, EG)	€6
<b>Coast Seafood Chowder</b> a blend of Kilmore Quay Fresh Fish, Mussels & Shrimps in a Creamy Broth with Soda Bread (WH, MK, FH, CS, MS, CY, EG)	€8.90
<b>Fivemiletown Goat Cheese Bon Bons</b> Double coating-Panko crumb Goat Cheese Balls, Beetroot Mayo, Seasonal Salad drizzled with Honey Balsamic Vinaigrette (WH, EG, MK, MD, SP)	€7.90
<b>Buffalo Wings</b> Crispy Chicken Wings, coated in Homemade Hot & Spicy sauce, Blue Cheese dip (WH, SY, CY, SP, MK, MD, EG)	S L €8.90/€14.50
<b>Caesar Salad</b> Shredded Baby Gem lettuce, Crispy Lardons of Bacon, Garlic Herb Croutons, all tossed in Creamy Caesar dressing topped with Grated Parmesan Cheese (WH, MK, FH, SP, CY, EG)	€7.50
<i>add warm Chargrilled fillet of Cajun Chicken</i>	€6
<i>add Tiger Prawns (CS)</i>	€7.50

## Mains

**Chefs Special of the Day** €13.90  
Please ask your server for today's special and Allergen advice

**Fish & Chips** €15.50  
Fresh fillet of Kilmore Quay Haddock in spiced Golden Breadcrumbs, Chips, Mushy Peas & Tartar sauce  
(FH, MK, WH, EG, SP)

**Catch of the Day** €13.90  
Please ask your server for today's special and Allergen advice

**Spinach & Ricotta Cannelloni** €13.90  
with Creamy soft filling, Nutmeg & Fresh Herbs, Chef's style Marinara sauce & melted Cheese, served with your choice of Chips, Garden Salad or selected Veg  
(WH, MK, MD, SP)

## Desserts

**Prima Ballerina** €7.70  
Homemade Crispy Crust Pavlova with Fluffy Marshmallow centre, decorated with Berry Compote, Whipped Cream, Wexford Strawberries, selected Fresh Fruits.  
(MK, EG)

**Taste of Italy** €7.70  
Classic Tiramisu made with Bewley's espresso-soaked Boudoir Biscuit with a touch of Dark Rum, light Mascarpone Cream, topped with a dusting of Cocoa Powder  
(WH, EG, MK, SY)

**Sweet Carrot** €7.70  
Home baked two layers of moist Carrot Cake, Velvety Caramel Cream Cheese frosting, accompanied with Salted Caramel sauce, Roasted Pecan Nuts & a scoop of Vanilla Ice Cream  
(WH, EG, MK, SY, PECAN NUTS)

**Triple Choice** €7.70  
**Choice of Three scoops**  
Vanilla, Chocolate, Mint, Strawberry, Toffee Crunch or Bubble-gum Ice Cream with Caramel, Chocolate or Yellow Fruit Coulis, served with Wafers  
(WH, EG, MK, SY)



All items are cooked to order, please allow for cooking time

WH - Wheat  
MK - Milk  
EG - Egg  
FH - Fish  
MD - Mustard

SY - Soya  
PN - Peanuts  
TN - Tree Nuts  
CY - Celery  
SE - Sesame

CS - Crustaceans (crab, lobster, shrimp)  
MS - Molluscs (oysters, mussels, scallops)  
SP - Sulphites (preservative)  
LP - Lupin (type of seed/flour)